

Enhanced Barrier Precautions (EBP)

for Nursing Homes

Multidrug-resistant organisms (MDROs) are germs that don't get killed by the medicines that usually work against them.

A **colonized** person can carry these germs without looking or feeling sick.

Enhanced Barrier Precautions (EBP) are special steps to help stop these tough germs from spreading.

Use **EBP** during high-contact care activities for people who:

- Have indwelling medical devices like central lines, urinary catheters, feeding tubes, or tracheostomies/ventilators
- Have wounds
- Are carrying germs that don't respond to medicines (colonized or infected)

Scan to view a short EBP video



Residents on EBP don't need to stay in their rooms all the time or skip group activities



An EBP sign should be posted outside the resident's room

Sources



FAQs about EBP in
Nursing Homes



EBP
Pocket Guide



EBP Sign

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High-Contact Care Activity Examples	Gloves & Gown Needed?
Helping a resident put on or take off clothes	Yes
Helping a resident with bathing or showering	Yes
Helping a resident with hygiene activities like brushing teeth, shaving or combing hair	Yes – if helping with more than one activity, for example, evening or morning care
	No – if helping with only one hygiene activity
Changing linens	Yes
Helping a resident with changing disposable underwear or toileting	Yes
Helping a patient care for or use indwelling medical devices	Yes
Helping a resident care for their wounds	Yes
Transferring a resident from a wheelchair to a chair	Yes – in the resident's room
	No – in common areas like dining or activity rooms
Physical or occupational therapy	Yes - if the therapist thinks prolonged, close body contact could transfer germs to the therapist's clothes

Ask about any activities you're unsure of.

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EBP Sign + High Contact Care Activity = Follow These Steps

1

Gather the Supplies You Will Need



2

Clean Your Hands



3

Put on Your Gown and Gloves



4

Throw your gown & gloves in the trash inside the resident's room



5

Clean Your Hands Again



Scan to view a short EBP video